

Bury Health and Wellbeing Board

Title of the Report	Mental Health update
Date	23/11/17
Contact Officer	Jon Hobday
HWB Lead in this area	Stuart North/Julie Gonda/Karen Dolton

**1. Executive Summary**

Is this report for?	Information X	Discussion X	Decision X
Why is this report being brought to the Board?	<p>This report is being provided to give the board an update of the current approach to addressing mental health.</p> <p>It is also being brought to provide background context, along with information on the extent of the issue and how much we invest in addressing mental health.</p> <p>In addition it will provide a detailed insight into our children and young people mental health local transformation plan.</p> <p>Finally, it will propose a recommendations for the board to consider for endorsement.</p> <p>A supporting presentation will be provided to the board which will include a more detailed update.</p>		
Please detail which, if any, of the Joint Health and Wellbeing Strategy priorities the report relates to. (See attached Strategy)	Priority 1, 2, 3, 4 and 5		

 Living_well_in_Bury_ Making_it_happen_to	
Please detail which, if any, of the Joint Strategic Needs Assessment priorities the report relates to. (See attached JSNA)  Bury JSNA - Final for HWBB 3.pdf	
Key Actions for the Health and Wellbeing Board to address – what action is needed from the Board and its members? Please state recommendations for action.	Note the report, discuss the findings and endorse the recommendations to facilitate a workshop to explore the most appropriate way to ensure a collaborative, integrated and governed system wide approach to addressing Mental Health across the life course in Bury.
What requirement is there for internal or external communication around this area?	If the recommendation is endorsed the intention is to facilitate a workshop early in 2018 which all relevant stakeholders and partners with a stake in mental health should attend. The findings and recommendations will then feed back into the Health and Wellbeing board.
Assurance and tracking process – Has the report been considered at any other committee meeting of the Council/meeting of the CCG Board/other stakeholders....please provide details.	No

## 2. Introduction / Background

Mental health can be defined as a state of well-being enabling individuals to realize their abilities, cope with the normal stresses of life, work productively and fruitfully and make a contribution to their communities (WHO, 2012)

Mental health should be a concern for us all, rather than only for those who experience mental health issues. Mental health problems affect society as a whole, not just a small isolated segment. For all individuals, mental, physical and social health are closely linked. It is becoming ever more apparent that mental health is crucial to the overall wellbeing of individuals and societies.

No group is immune to mental health disorders, but evidence shows that certain groups are disproportionately impacted by mental health issues.

### 3. key issues for the Board to Consider

Bury spends in excess of £40 million per year on mental health.

Clear strategies and plans are in place in regards to the investment in mental health. There is a drive to shift the majority of spending towards prevention and early intervention which is much more cost effective than the treatment.

There is currently less spend on child mental health per head than in adults.

Funding can sometimes come from central government or other bodies on an ad-hoc basis – with only some agencies being informed of this. This can result in local agencies putting in bids for funding which may already be done elsewhere or may not fit with the overall strategic direction within Bury.

We currently don't have a process which strategically oversees mental health approach right across the life course. It is essential we have clear strategic direction, and a system wide collaborative approach that links the relevant organisations and ensures all activities and developments are shared, understood and complimentary to existing services.

### 4. Recommendations for action

To bring appropriate stakeholders and staff together in a workshop to explore the most appropriate way to ensure a collaborative, integrated and governed system wide approach to addressing Mental Health across the life course. The new approach should act to coordinate all the areas of work across the life course within mental health and where possible achieve efficiencies through reducing duplication and economies of scale.

**5. Financial and legal implications (if any)**  
If necessary please see advice from the Council Monitoring Officer  
Jayne Hammond ([J.M.Hammond@bury.gov.uk](mailto:J.M.Hammond@bury.gov.uk)) or Section 151  
Officer Steve Kenyon ([S.Kenyon@bury.gov.uk](mailto:S.Kenyon@bury.gov.uk)).

None

## 6. Equality/Diversity Implications

None

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### CONTACT DETAILS:

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